

WHO WE ARE?

The Concord Senior Center serves the senior residents and their families.

Our mission is to foster the physical and mental status of the senior population. The center is an advocate for all senior citizens. We have no boundaries, serving Erie and Cattaraugus Counties.

Contact Us

40 Commerce Drive
Springville, NY 14141

Hours -8:00-3:00-Mondays & Thursday
Tuesday-Wednesday-Friday -8:00-2:00

Phone: 716-592-2764
716-592-2768

Email: concord2017sc@gmail.com

Visit our Face Book page under The Concord Senior Center

CONCORD SENIOR CENTER

MARCH 2023



Groups and Activities

Monthly Programs

Mondays Garden Club 1:30pm

2nd Monday of each month

Tuesdays Women's Club 1:00pm

2nd Tuesday of each month

Stay Fit Dining- Lunch served at 12 pm
Mon. through Fri.

Wednesdays Bookmobile

1st Wed each month 12:45-1:45

Community Crafters 10:00am

1st & 3rd Wednesday each month

Concord Senior Citizens Club

2nd Wednesday each month 1:30

Red Cross Bloodmobile

3rd Wednesday each month 1-7

BOOK Club-4th Wednesday @ 1:00

Weekly Programs

Thursday 1:00 Euchre

Tuesdays 9:00am Yoga

Stitches Quilting Group

Thursdays 9:00am Yoga

Thursdays 10am-3 pm DMV

Mondays 1:00 am-3pm Pinochle

NOTES FROM THE OFFICE

Friday March 3 -is paint w/Carolyn -Paint a cute duck

Wednesday March 8 -Weatherization is back-if your house is to cold or hot-or 100 drafty-stop in -from 12-2

Thursday March 9 is our monthly Birthday Part-if your birthday is in March -come in for a treat

Monday March 13 from 10-12 -Humana Insurance Rep will be here for your insurance needs

Thursday March 16 -Highmark Insurance rep will be here @ 10

Thur March 23 Fidelis Insurance will be here 10-12---also @ 11-will be DOWN MEMORY LANE w/ The Historical group

Mon March 27-Univera Insurance here@10

WATCH our Facebook page

Events are added on there

The concord senior center

Check out the Springville Journal for weekly information Our Lunch

Program goes on 5 days per week .

Where else can you get a good lunch plus fantastic company for \$3 donation. We also have a frozen meal program. Three or five frozen meals plus milk-roll-dessert for again \$3 donation per meal

NOTES FROM DESK -We are happy to announce that we are going to do DOWN MEMORY LANES once a month-meeting is Thurs March

29@11

MORE FROM THE DESK

Friday March 17 is our St. Patrick's Day Lunch

SO WEAR YOUR GREEN THAT DAY

We are having a dinner cooked by the staff on Tuesday March 21 @ 4 o'clock

Menu is Chicken Parm—Garlic Potatoes—Cauliflower—Cole Slaw & Ice Cream Sundies

On Wednesday March 22-we are having our SPRING BREAK PIZZA PARTY

Of course Chair Yoga is continuing on Mondays @ 11

Pinochle Cards continue on Mondays @ 1

We are polling our seniors

If you would be interested in HORSE SHOE PITS HERE AT THE CENTER-LET US KNOW YOUR THOUGHTS

Erie County Stay Fit Dining Program Menu

MARCH 2023

SPRING

SPRING

Monday	Tuesday	Wednesday	Thursday	Friday
27 Rotini & Meatballs with Tomato Sauce & Shredded Mozzarella Cauliflower Seasoned Spinach Tapioca Pudding (680)	28 Breaded Chicken Breast with Buffalo-Style Sauce on a Bun Broccoli Cheese Rice Casserole Green Beans Fruit Cocktail <i>Chocolate Milk (841)</i>	1 Turkey with Stuffing & Gravy Mashed Sweet Potatoes Peas <i>Molded Cranberry Salad</i> Fresh Apple (772)	2 Beef Stew Mashed Potatoes <i>Chef Salad with Dressing</i> Biscuit Chocolate Mousse (813)	Entree Salad Tuna Macaroni Salad on a Bed of Salad Greens Whole Grain Crackers Frosted Spice Cake (807)
6 Turkey a La King Mashed Potatoes Carrots Biscuit Chocolate Chip Cookies (747)	7 Ham Steak with Maple Glaze Scalloped Potatoes Peas with Red Pepper Rye Bread Lemon Cake with Frosting (781)	Entree Salad <i>New Menu Item!</i> Beef Taco Salad with Taco Beef, Corn & Black Bean Salsa, Shredded Cheddar & Crispy Tortillas Fresh Orange <i>Chocolate Milk (826)</i>	9 Breaded Chicken Breast with Tomato Sauce & Shredded Mozzarella over Pasta Wax Beans <i>Chef Salad with Dressing</i> Tropical Fruit (745)	10 Vegetable Lasagna with Cream Sauce Broccoli Florets Grape Juice Whole Wheat Dinner Roll Fruited Gelatin (756)
13 Italian Sausage with Peppers, Onions, and Tomato Sauce on a Bun Roasted Potatoes Broccoli Frosted Cake (733)	14 New Menu Item! Swedish Meatballs over Pasta Harvard Beets Cauliflower Pineapple <i>Chocolate Milk (651)</i>	15	16 Sloppy Joe on a Whole Wheat Bun Tater Tots Corn <i>Chef Salad with Dressing</i> Fresh Banana (923)	17. St. Patrick's Day Corned Beef with Cabbage Buttered Potatoes Carrots Deli Rye Bread <i>Marinated Beet & Onion Salad</i> Vanilla Ice Cream with Minty Syrup (813)
20 Welcome Spring! Cheese Tortellini with Chicken & Primavera Sauce Carrots Grape Juice <i>Chef Salad with Dressing</i> Dinner Roll Lemon Meringue Pie (908)	21 4 OCLOCK DINNER Parm Chicken Breast Garlic Potatoes Cauliflower Cole Slaw Ice Cream Sundies	22 SPRING BREAK PIZZA	23 Roast Turkey with Gravy & Cranberry Sauce Mashed Potatoes Peas and Carrots Dinner Roll Gelatin (603)	24 Beer-Battered Fish with Tartar Sauce Macaroni and Cheese Green Beans Whole Wheat Dinner Roll Coleslaw Mandarin Oranges (812)
27 Cheese Ravioli with Tomato Meat Sauce & Shredded Mozzarella Peas Summer Squash Medley Italian Bread Peaches (780)	Entree Salad Greek Chicken Salad with Greek Dressing Multigrain Bread Sugar Cookies (889)	29 Roast Beef with Horseradish & Gravy Sweet Potatoes Savory Cabbage Rye Bread Frosted Cherry Cake (805)	30 Bratwurst with Mustard & Baked Beans on a Bun Roasted Potatoes Mixed Vegetables Mandarin Oranges <i>Chocolate Milk (772)</i>	31 Cheese Omelet with Creole Sauce Cheesy Diced Potatoes Broccoli Muffin Tropical Fruit (691)

Other Services Available

The Red Cross Bloodmobile is at the center on the 3rd Wednesday of each month @ 1pm. Call the Red Cross to schedule your donation

The Erie County DMV is now here every Thursday from 10-3

We are here for all your senior needs-if you need a problem solved, we are here to help you. All information is confidential

CONFIDENTIAL IS ALWAYS ON HERE

Overview of Programs

Senior Transportation Services

The Concord Van operates Monday through Friday and is available to all town residents age 55+ Also available to veterans of any age who need transportation to VA Hospital or VA Clinic.

The van may be requested for transportation to and from most medical appointments with some exceptions. Please Call 716-592-2768 for more information. \$5 donation

Stay Fit Dining

Our Stay Fit Dining program operates in conjunction with Erie County. Meals are available Monday through Friday at 12:00pm for \$3 per person donation. Monthly menus are available at the center. Reservations are required. We also have weekly Frozen Meals for those that cannot get here every day.

Reservation for these meals